



Veteran Champion Quiz

LtCol (Ret) Kathy Lowrey Gallowitz, April 7, 2022

1. I understand that post military service:

- 55% of Iraq and Afghanistan Veterans feel disconnected from mainstream America
- 1/2-1/4 are frustrated with social functioning, finding their next career and community involvement
- 40% have difficulty getting in touch with their spirituality and finding purpose/meaning
- 20% have post traumatic stress disorder & Veteran suicide is still a big problem

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

2. In my neighborhood/community, we know most of the people who have served, or are serving in the armed forces.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

3. Me and my family keep in touch with community military members who are deployed and support the families at home.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Ae

4. I am generally aware of the needs of the military population and how to support them.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

5. My employer purposefully hires Veterans because they know they are great workers.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

6. On patriotic holidays, I do my best to attend services that honor Veterans.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

7. I'd like to get more involved supporting military-connected people.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

8. I am familiar with the traditional Veteran organizations in my community like American Legion, VFW, DAV, AMVETS and Vietnam Veterans Association and the newer ones like Red, White and Boom, Mission Continues and Rubicon.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

9. I know where the closest VA is and how to make referrals there.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

10. I know the emergency contact numbers for Veterans in crisis.

1	2	3	4	5
Strongly disagree	Disagree	Neutral	Agree	Strongly Agree

Total: _____